

Grace Reformed Baptist Church

Meeting Notes

Date: Sunday Morning, 7th January 2007

First lines of psalms, hymns or songs:

.. number

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Bible readings:

.....

Preacher:

Message title:

Message text:

What I learned from the message today:

Fill this in after finishing the notes on the other side of the sheet

What God has done:
.....
What I should do:
.....

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Introduction

What is one of the pictures that the Bible uses to describe the life of the Christian?

1. to be accepted

The writer of Hebrews says we are surrounded by witnesses. What is a witness?

In what two ways may the people mentioned here be witnesses?

2. to be avoided

What is meant by 'weight' in our text?

What is meant by 'sin'?

What are we to do with this 'weight' and 'sin'?

3. to be applied

What is important about a race?

Why should Christians run this race?

4. to be acquired

In what ways can a Christian find strength to run this race?

Conclusion

What joy can we give to Jesus Christ?